



# Conversation Starter

Some questions to help guide your discussion as a patient or caregiver.

## What is EMPLICITI® (elotuzumab)?

EMPLICITI is a prescription medicine used to treat multiple myeloma in combination with the medicines:

- REVLIMID® (lenalidomide) and dexamethasone in adults who have received one to three prior treatments for their multiple myeloma.
- POMALYST® (pomalidomide) and dexamethasone in adults who have received at least two prior treatments including REVLIMID and a proteasome inhibitor.

It is not known if EMPLICITI, REVLIMID, or POMALYST is safe and effective in children.

## Important Safety Information for EMPLICITI®, REVLIMID®, and POMALYST®

**EMPLICITI in combination with REVLIMID and dexamethasone or in combination with POMALYST and dexamethasone may cause the following serious side effects:** Infusion reactions, infections, risk of developing new cancers (malignancies), and liver problems. **There are also other serious risks (Boxed WARNINGS) associated with REVLIMID and POMALYST. REVLIMID and POMALYST can cause harm to unborn babies and blood clots. REVLIMID can also cause low blood counts. REVLIMID and POMALYST are only available through the Lenalidomide REMS or POMALYST REMS® programs.** More information on the REMS programs is available at [www.CelgeneRiskManagement.com](http://www.CelgeneRiskManagement.com) or by calling 1-888-423-5436. **For more safety information, please read the Important Safety Information on pages 13-21.** Your healthcare team will work with you to manage any side effects you may experience throughout your treatment with EMPLICITI with REVLIMID and dexamethasone or EMPLICITI with POMALYST and dexamethasone.

Please see additional Important Safety Information on pages 13-21, and read Patient Information in full Prescribing Information for EMPLICITI. Please read Medication Guide in full Prescribing Information for REVLIMID and POMALYST, including Boxed WARNINGS.

**Empliciti.**  
(elotuzumab)  
FOR INJECTION  
FOR INTRAVENOUS USE  
300 MG & 400 MG VIALS

## Every journey has a beginning

Multiple myeloma (MM) can be overwhelming and hard to understand. Our hope is that you'll use this Conversation Starter to help you talk to your doctor and ask meaningful questions.

Keep in mind, every patient has a different MM experience. Here are some tips to help prepare you for your journey:

- Bringing a friend or family member with you to your appointments may be helpful to provide an extra set of ears, so you don't miss any of the details the doctor may explain.
- Consider bringing a notepad, a pen, and a list of all the medications you are currently taking to your doctor's office.
- Keep and bring notes of any new or ongoing side effects you're having. This will remind you to mention them to your doctor.

**Being prepared is important and can help you along your MM journey.**

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## Considering treatment options

Together with your doctor, you'll develop a plan for how you're going to treat the disease. Here are some important questions to consider while discussing your treatment plan.

### QUESTIONS YOU MIGHT ASK:

- What are my treatment options?
- What should I consider when deciding if EMPLICITI® (elotuzumab) is right for me?
- What should I expect when receiving EMPLICITI?
- How does EMPLICITI work?
- What are the side effects with EMPLICITI that I should watch for?
- What other medications will I need to take with EMPLICITI?

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## Receiving EMPLICITI® (elotuzumab)

There are many important things to understand about MM and about your medication. If your treatment plan includes EMPLICITI, here are some questions you may want to consider discussing with your doctor.

### QUESTIONS YOU MIGHT ASK:

- How long can I expect to be on EMPLICITI?
- How often will I need EMPLICITI, and how long will the infusions take?
- Can you tell me more about the EMPLICITI treatment schedule?
- How do I know if EMPLICITI is working?
- How will you monitor my progress and results?
- What's the difference between a partial response and complete response?
- How will I know if my MM is getting worse?
- What happens if I experience a relapse with my MM?

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## Understanding potential side effects

Understanding the potential side effects of EMPLICITI® (elotuzumab) is very important. Throughout your treatment, keep a close eye on how you feel. Let your doctor know if you are experiencing any new symptoms or side effects.

### QUESTIONS YOU MIGHT ASK:

- What should I do if I start experiencing side effects?
- What are serious side effects that I should be aware of with EMPLICITI?

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## Getting support

Learning about MM and treatment options is only part of the story. Here are some questions to help you with your discussion with your doctor.

### QUESTIONS YOU MIGHT ASK:

- Will my health insurance pay for EMPLICITI® (elotuzumab)?
- Are there any financial resources available to help me access EMPLICITI?
- What if my EMPLICITI prescription is denied?
- Can I pick up EMPLICITI from my local pharmacy?
- How can I get more information about EMPLICITI?

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## How to talk to loved ones

Now that your MM has returned, you may be wondering how to talk to friends and family to let them know what you're going through. You may even find some of the topics difficult to talk about.

Having someone close to you as a caregiver is important. They may be able to offer support and help you stay organized.

### QUESTIONS YOU MIGHT ASK:

- Would you like to come with me to my appointments?
- Can you help me prepare for my appointments?

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## Caregiver perspective

The following sections provide questions that a caregiver may want to ask.

### QUESTIONS A CAREGIVER MIGHT ASK ABOUT FINDING SUPPORT:

- What resources are available for MM patients?
- Is there financial assistance to help cover the cost of treatment?
- Are you aware of any resources and support for caregivers?
- Are you aware of any organizations we should join?
- Is there someone who can help us with insurance?

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## Caregiver perspective

### QUESTIONS A CAREGIVER MIGHT ASK ABOUT PROVIDING CARE:

- Are there any dietary restrictions that we should be aware of?
- Are there activities we should avoid?
- What can I do to help them prepare for treatment?
- Can we make travel plans?
- What side effects can they expect with EMPLICITI® (elotuzumab)?
- What should I do if I think there are serious side effects?
- How can I get in touch with you if there's an emergency?

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## Caregiver perspective

### QUESTIONS A CAREGIVER MIGHT ASK ABOUT EMPLICITI® (elotuzumab):

- How often will we need to come in for appointments?
- How long will they be on treatment?
- How will you monitor their progress and results?
- What should I do if they experience side effects with EMLICITI?
- What if they miss an appointment?
- Can they receive EMLICITI with the other medicines they're currently on?

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## Caregiver perspective

### QUESTIONS A CAREGIVER MIGHT ASK A LOVED ONE:

- What time of day do you need help the most?
- How can I help you prepare for an appointment?
- Do you want me to come with you to all of your appointments?
- What can I do around the house to make things easier for you?
- Are there chores/errands I can help you with?
- Do you want me to help you organize your appointments?
- Do you want to join any support groups together?

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# Conversation Starter



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